

Section 4 – Active School Week

Monday 30th April 2018

9.30 – 10.50 (First Year **Joyce**) Rowing – Ger Hayes - (class 2 & 3)

11.05 – 12.25 (First Year **Yeats**) Rowing – Ger Hayes - (Class 4 & 5)

12.25 – 13.05 (2nd Year **Derg & Allen**) Mr. John Penny – Circuits (class 6)

13.45 – 14.25 (1st Year **Joyce & Yeats**) – Circuits (Class 7)

14.25 – 15.45 (5th & 6th Year) Boxercise (Class 8 & 9)

Cycling throughout the day in the canteen. Please see **notice board** for **timetable**.

Tuesday 1st of May 2018

10.00 – 11.00 (All 3rd years) Crossfit Nenagh (Class 3 & 4)

11.00 – 12.00 (All TYs) Crossfit Nenagh (Class 5 & 6)

14.25– 15.45 (1st yr, 3rd yr , Tys) Rugby with Munster Rugby (Class 8 & 9)

Wednesday 2nd of May 2018

11.05 - 11.45 (1st Year **Joyce**) – Athletics with Newport Athletics - (Class 4)

11.45 – 12.25 (1st Year **Yeats**) - Athletics (Class 5)

12.25 – 13.05 (2nd Year **Derg**) Athletics (Class 6)

13.45 – 14.25 (2nd Year **Allen**) Athletics (Class 7)

Thursday 3rd of May 2018

9.30 - 10.10 (1st Year **Joyce**) – Soccer with James Scott FAI (Class 2)

10.10 – 10.50 (1st Year **Yeats**) Soccer with FAI (Class 3)

11.05 – 12.00 (All Tys) Soccer FAI (Class 4 & 5)

13.45 – 14.25 (**Whole School Event**) Dancing with Mr. Lynch & TYs (Class 7)

Friday 4th of May 2018

9.30 – 10.50 - All First Years -	Futsal Tournament	(Class 2 & 3)
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11.45 – 13.05 – All 2nd Year -	Futsal Tournament	(Class 5 & 6)
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Photographic/video evidence of Active School Week Activities

Monday 30th of April:

Cycled the distance from Newport to the Aviva Stadium and back.



Rowing with Castleconnell Boat Club





Circuits with Better Body Bootcamp





Boxercise







Tuesday 1st of May:

CrossFit with CrossFit Nenagh






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Rugby with Munster Rugby







Wednesday 2nd of May:

Athletics with Newport Athletics



Thursday 3rd of May:

Soccer with FAI









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Whole School Dance







Friday 4th of May:

Futsal Tournament



